



*www.sleepcenterhawaii.com*

## Drowsy Driving

Fatigue can be as deadly as alcohol. Drowsiness impairs judgment, vision, hand-eye coordination, and reaction times just like alcohol and drugs. Driving or operating heavy machinery while drowsy does not only put yourself at risk, it also puts those around you in potential harm. Your safety and the safety of others are very important. By signing this form you are acknowledging that you understand the risks that are associated with driving while drowsy.

I agree that I will not drive or operate heavy machinery if I feel tired or am sleep deprived and will not hold Guam Sleep Center liable if I do get into an accident while driving.

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Patient Name Print and Sign

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Date

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Sleep Center Hawaii Witness

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Date